

# Support LabCOP country teams in developing strategies for a hashtag campaign to improve viral load demand creation and uptake

Phase 2 Implementation

Pontsho Pilane

3 March 2022







 Develop tailored community-led communication campaigns to raise awareness and create demand for routine viral load testing in countries



 Develop a monitoring and evaluation plan for measuring the impact of the campaign



 6 countries: DRC, Kenya, Malawi, Sierra Leone, South Sudan, Zimbabwe



Phase II of the campaign that ran from July
 November 2021, after Phase I October –
 December 2020









#### **OUTPUTS**:

- Revised Communication Plan
- Indicator Tracking sheets
- Campaign materials (e.g. messages, flyers, videos, etc)\
- Post campaign assessments

#### Overview



Country	Target audience										Target media					Greatest reach
	MN	WM	YU	EM	КР	RL	SMI	WA	FB	TW	PE	VM	RD	BS	(audience)	(media)
Democratic Republic of Congo	$\square$	☑	$\square$	$\square$				$\square$	$\square$	$\square$	$\square$				PLHIV	Facebook
Kenya	$\square$	Ø	Ø		Ø		Ø		Ø	Ø		Ø			Youth	Twitter
Malawi		Ø	Ø			Ø		Ø	$\square$		Ø				Youth	WhatsApp
South Sudan	$\square$		Ø						$\square$		Ø		$\square$		Women	WhatsApp
Sierra Leone	$\square$	Ø		$\square$	$\square$			$\square$	$\square$		Ø		$\square$	$\square$	Women	Radio
Zimbabwe	V		$\square$					V			V		$\Box$		Men & Youth	Radio

Target audience: MN=Men living with HIV, WM= Women living with HIV, YU= Youth, EM=Expectant mothers, KP= key populations, RL= religious leaders,

SMI= Social media influencers

Platforms: WA= WhatsApp, FB=Facebook, TW=Twitter, RD=Radio, IN=Instagram, PE= Peer educator, VR= Virtual Meeting

# Democratic Republic of Congo (DRC)



- The campaign was led by the national network of people living with HIV, Union Congolaise des Organisations des PVVIH (UCOP+), and other implementing partners continued their focus on adult and young PLHIV and pregnant women.
- The campaigns messages were disseminated, in French and Lingala, through WhatsApp, Facebook, Twitter and Instagram.
- To build cohesiveness across the partner online platforms, the hashtag **#ConnaitreMaChargeVirale** was used.
- A total of **19,164 people** were reached across all platforms.
- The message that got the widest reach: "Une CV indétectable rassure ton avenir; d'où l'importance de connaitre sa CV" ("an undetectable viral load secures your future, hence it is important to know one's viral load")
- As was observed in Phase I, demand for viral load testing was generated but stockouts in lab reagents were observed in the health facilities accessed by informed recipients of care.















#### Kenya



- A coalition composed of NEPHAK, AYARHEP and PYWV, carried out a campaign aimed at people living with HIV, social media influencers and key population groups.
- Messages were delivered through Facebook Live, Twitter Chat and Zoom sessions and Twitter Chats and Facebook Lives were held in August and October 2021, using the hashtag, #knowmyviralload.
- NEPHAK community members took part in protests calling on the health ministry to
  ensure the restoration of multi-month dispensing of ARVs and for viral load testing to
  be restored; it was halted in 2020 due to lack of reagents and the latter has not yet
  been fully restored.
- A total of **10, 394 people were reached** through the Facebook, Twitter and virtual meeting channels, with Twitter reaching the most people (9,010).
- Using the recently launched **undetectable=untransmittable campaign**, to leverage the campaign messages about the importance of viral load in knowing one is undetectable.
- As before, due to its success, the campaign hashtag was occasionally hijacked on Twitter by other non-related parties and required close monitoring. Additionally, while the social media campaigns were successful, disparities in reaching the grassroot and rural areas remain.





#### Sierra Leone



- Led by NETHIPS, targeted adults living with HIV, expectant mothers and key populations with their messaging.
- While the team had previously prioritized WhatsApp, radio and in-person peer-engagement groups, the country team added additional platforms over the course of the campaign, including Twitter and bulk SMS—which underperformed.
- Combined, the messages reached a total of 16, 143 people over the course of the campaign. Radio (estimated 5500 people) and WhatsApp (5546 people) reached the most people.
- The peer educator meetings reached a total of 3078 people, with a negligible amount reached through bulk SMS (11) and Twitter (2).
- Members of key populations (men who have sex with men and people who inject drugs) experience stigma and discrimination and struggle to disclose their identities.



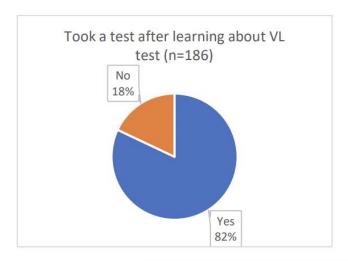


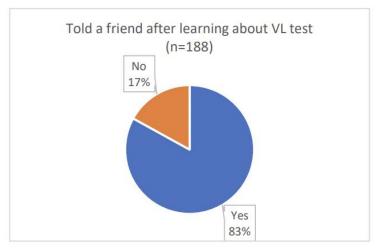
#### Post campaign assessment

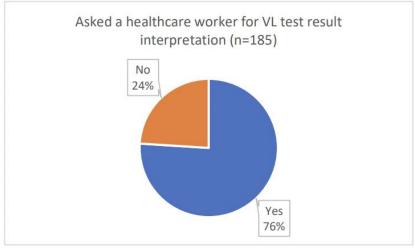
- A post-campaign survey was developed to measure the outcomes of the campaign.
- The target audience were members of the community networks as well as communities in which the PLHIV networks carry out advocacy.
- The survey was structured to assess: a) knowledge of RVLT; b) effectiveness of campaigns to increase awareness about RVLT; and c) health seeking behaviour as a result of exposure to campaigns.
- A total of 188 people were polled across all six countries.
- With the exception of 3 people, most people were exposed to the campaigns and hence comparisons between the groups for knowledge gain is not possible.
- The results provided insights on the campaign and health-seeking behaviour.



## Post campaign assessment



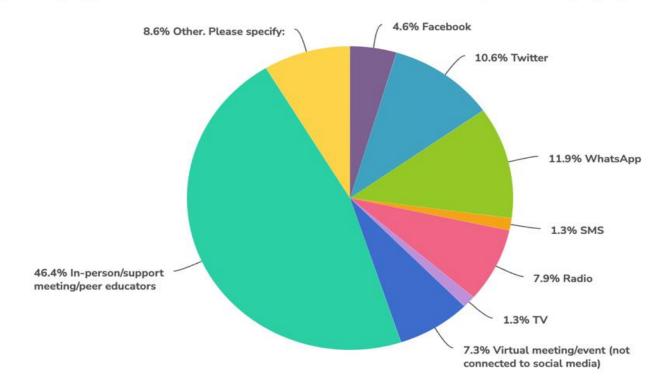






# Post campaign assessment

8. Out of the new information I learned from the sources listed in Part 3 (question 1), which method/platform was the most effective or engaging in helping me to learn new information? Please check only ONE campaign platform.



#### Lessons learnt



- Social media platforms such as WhatsApp, Facebook, Twitter and Instagram are useful tools in reaching a wide audience and is especially useful given COVID-19 restrictions, when in-person interactions are limited.
- The campaign audiences valued most dissemination platforms that allowed interactivity with the messaging and the opportunity to ask questions and clarifications.
- Collaborations between community organisations were strengthened as community organisations shared similar messaging and cross-posted across each other's platforms, as seen in Kenya, DRC, Malawi and Zimbabwe
- Unfortunately, as observed in phase 1, the success of campaigns was hindered by systemic barriers to viral load testing, including lab reagent stockouts, viral load machine breakdown and long turnaround times. Hence, a sustained effort is needed to address these to ensure that demand creation efforts are not in vain.
- As highlighted in Sierra Leone and Kenya, key populations face additional stigma and discrimination barriers requiring more tailored, targeted messages that take their needs into account



### Key takeaways

- Country teams in Malawi and Kenya found that coupling the messaging with the Undetectable=Untransmittable made the campaign messaging particularly powerful.
- The campaigns in South Sudan and Zimbabwe emphasised the importance of receiving the results and understanding what they mean and not only getting a viral test.
- Social media platforms such as WhatsApp, Facebook, Twitter and Instagram are useful tools in reaching a wide audience and is especially useful given COVID-19 restrictions, when in-person interactions are limited.
- The importance of planning campaigns and choosing relevant platforms for target audiences. Twitter, for example, is a commonly used platform among young Kenyans, an observation not seen in other countries..
- The campaign audiences valued most dissemination platforms that allowed interactivity with the messaging and the opportunity to ask questions and clarifications.